



**International Studies Directors**

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*Chinook International Program is proud to be a safe and welcoming International Student program operating in Hazlet School, part of the Chinook School Division. CIP has been in operation since 2006, hosting nearly 200 students since that time. Our unique prairie setting allows for a fully immersed cultural experience with one on one learning opportunities in our small class sizes, and experienced and dedicated host families who continue to welcome students in to their homes year after year. With the current changes in our worlds environment, our program's team has worked with the province, school division and local host families to ensure we provide a safe experience for all parties involved. We look forward to welcoming students in 2021, with new guidelines, good communication and planning we can ensure this happens safely.*

## **International Student Readiness Plan (Covid-19)**

### **Chinook International Student COVID-19 Readiness Plan**

Chinook International Program is a vibrant community of Canadian and International students. International students, with approved study permits, are once again permitted to attend Chinook International Program(CIP). To protect the health and safety of all students, the school, and the surrounding community during the COVID-19 pandemic, Canadian educational institutions are prepared to follow the procedures, guidelines and regulations outlined by both federal and provincial authorities. As such, Chinook International Students will complete the mandatory 14-day quarantine period for international travellers. All families of International Students must review and acknowledge their understanding of CIP's International Student COVID-19 Readiness Plan as outlined in this document during the application process.

### **Chinook International Program Pre-Departure Plan:**

All pre-departure communication with the International Student/Family and Homestay Parents will come from the Chinook International Program's Student and Homestay Director. All communication regarding COVID-19 readiness will be communicated through pre-travel emails and calls. Chinook International Program's international student readiness plan will be provided by e-mail when the International Studies Director receives an inquiry regarding the process for studying at Chinook International Program. Once the student is accepted for registration, payment is received and the family has confirmed flights to Saskatchewan, the director will e-mail the school's international student readiness plan reflecting the most recent guidelines per public health and most updated and accurate COVID-19 information. Students and Parents will be required to sign an acknowledgment document noting their understanding.

Chinook International Program is responsible to secure a homestay family for each international student attending the school. We do not anticipate any family members accompanying the international students for the 2021-2022 school year. However, if any international parent chooses to accompany his or her student and needs to observe the 14 day quarantine, the International Studies Director will arrange accommodations at University of Regina Residence for student and guardian and provide information as needed. Communication between the family and the director will occur via e-mail, phone call and/or a messenger App (Whatsapp). Chinook International Program's International Studies Director will advise and monitor for compliance each quarantine location for the required COVID-19 measures including the requirement for the U of R Residency to be following all public health guidelines for Saskatchewan in the 14 days prior to the student's/family's arrival. The up-to-date guidelines are available at: <https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment->

[procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/re-open-saskatchewan-plan/re-open-saskatchewan](https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/re-open-saskatchewan-plan/re-open-saskatchewan)

The quarantine location (U of R Residency) is required to follow the guidelines from the re-open Saskatchewan plan for those arriving from outside of Canada and will quarantine students for 14 days according to these guidelines. <https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/re-open-saskatchewan-plan/re-open-saskatchewan>

### **Chinook International Program 14 Day Quarantine - University of Regina Residence**

The Chinook International Program has an agreement with the University of Regina Residency where international students will be hosted for the 14 day quarantine duration. Students will be shuttled by program director to the residency and greeted by University staff and shown to their room. Each room is equipped with a telephone, bathroom, bed/bedding, and desk. Students will have meals delivered to their room (3 meals Monday to Friday and 2 meals/day Saturday and Sunday). Residency has 24/7 staff and a front desk supervisor who can be reached if students have questions or require assistance. CIP Program chaperone will be on site for duration of quarantine.

### **Chinook International Program Arrival Plan:**

Chinook International Program's International Studies Director will ensure residency is aware of the student's arrival date and time and has prepared transportation for student from airport to residency. The Director will check-in with the student and residency on the date of arrival to ensure the process goes smoothly and the student is safely established at the U of R Residency to begin the 14-day quarantine.

Re-Open Saskatchewan Transportation Guidelines: <https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/re-open-saskatchewan-plan/guidelines/transportation-guidelines>

### **Chinook International Program 14-Day Quarantine Plan:**

During the quarantine period, Chinook International Program's International Studies Director will check in at least twice a week with the student. These check-ins are designed to monitor the students' physical and mental well-being as well as to check for compliance. The director will report any non-compliance with the 14-day quarantine requirements through Saskatchewan Government's on-line reporting form. The Director will work with the school administration office to begin distance/e-learning for the students once they are settled into their room at U of R residency. Prior to arrival students health insurance is applied for, and upon arrival it is activated by school division administration.

Government of Saskatchewan Online reporting form: <https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/public-health-measures/public-health-orders/non-compliance-reporting-form>

### **Chinook International Program Post Quarantine Plan:**

Chinook International Program's COVID-19 planning adheres to all provincial public health requirements. Once international students complete their 14 day quarantine, the International Student Director will transport students to their host families home.

Chinook International Program's International Studies Director will maintain regular contact with the homestay family and student. The director will ensure all students and families are aware of the school's COVID-19 school operation plans, Chinook School Division's Return to School contingency planning and Saskatchewan Health Authority's public health illness process should the student be deemed a close contact. Copies of the School's COVID-19 operation plans and Public Health's In-School Illness Process, as well as the WHO's guidelines to prevent social stigma associated with COVID-19 are in the resources section. The Chinook school division has counsellors available to all students in person and via video conferencing. If the school division is notified by Public Health that a Chinook International Program student or staff member has tested positive for COVID-19, the division will inform all school staff of next steps. School staff and division office will call all close contacts and provide them with the information they need to know regarding quarantine, self-monitoring, etc... Once close contacts and staff have been called and informed, an informational e-mail advising families of what is happening will go out to the entire school population. Usually on the next school day, letters go home to the whole school informing them of a case (or cases) of COVID-19 and a more specific letter with instructions goes to the affected class(es). Both of these letters are written with Public Health. This process is always evolving and will be updated as information changes.

### **International Student Pre-Departure Plan:**

*The Canadian Government now requires travellers to provide proof to the air carrier of a negative COVID-19 molecular test taken within 72 hours before the aircraft's initial scheduled departure time.*

All students and family are to read Chinook International Program's most current International Student Readiness Plan prior to departure. The International Studies Director will e-mail the Readiness Plan once the student or families have booked their flight. All students are required to download the ArriveCAN app and complete the required information one week prior to their arrival in Canada. The ArriveCAN app is available for iOS, Android and online and can be accessed at the website below.

<https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19/arrivecan.html>

Students must use ArriveCAN to submit their travel and contact information, quarantine plan and COVID-19 symptom self-assessments. This process must be completed and submitted prior to boarding the flight to Canada. Students must be ready to show their ArriveCAN receipt when seeking entry into Canada. A border services officer will ensure all required information has been submitted digitally. Please note failure to submit the required information will result in border delays for public health questioning and individuals may be subject to consequences such as verbal warnings and fines. Students should include 10 disposable masks, a travel size hand-sanitizer, disinfecting wipes and a thermometer in their carry-on luggage or personal bag. Hand sanitizer and several pairs of nitrile gloves will be provided by the Airline provider. In addition to these items, please ensure the following travel documents are included: passport, custodianship documents (if applicable) study permit or permit confirmation document, a certificate with a negative COVID-19 or antibody test (within 72 hours of departure), letter of acceptance from CIP, Quarantine Residency info and Homestay contact information.

#### **International Student Travel Plan:**

Students are expected to observe the following guidelines while in transit to Saskatchewan. Please always wear a mask, practice social distancing (2 Meters) and avoid close contact with others in washrooms and other common areas. As well, wash hands regularly, use hand sanitizer often, sanitize applicable personal spaces with disinfectant wipes and use a personal water bottle.

#### **International Student Arrival Plan:**

Students should proceed through the airport while maintaining physical distancing. Students should be prepared to present all travel documents outlined in the pre-departure plan to Canada Border Services. Border Services or a quarantine officer will also screen travellers for COVID-19 symptoms. Once through Border Services, students will meet Program Director or U of R Shuttle Driver in the baggage claim area. Director will provide cell number for student to message once arrived and ready for pick up. Student and chaperone will wear a mask and student will sit in a back seat of the vehicle while in transport (**following transportation guidelines**). Students will be taken immediately to the U of R residence to begin the mandatory 14-day quarantine period.

#### **International Student 14-Day Quarantine Plan:**

Per the Quarantine Act, all travellers to Canada must self-isolate for 14 days (people who do not comply with the mandatory isolation order may face fines of up to \$2,000. Corporations may be fined up to \$10,000). COVID-19 positive individuals who are repeatedly not found in self-isolation can also be held at an approved self-isolation site by order of the local Medical Health Officer). Negative COVID-19 or antibody tests will not change this requirement. During this period, students (and guardians if accompanying student) must stay at the approved supervised location selected by the Chinook International Studies Director (University of Regina Residency) They cannot

attend school, social events or any public gatherings. Students are to stay in their assigned room as much as possible. Student must stay away from others - students cannot go to public areas including places of worship, stores, shopping malls and restaurants, they cannot have visitors, and should not take public transportation. Students may go for a walk, but only if they have no symptoms. If they have even mild symptoms, they cannot leave their room.

Students are not to go off the residency property except for an emergency and not prior to notifying the International Studies Director of Chinook International Program. Any emergent transportation needs must be done by private vehicle or emergency vehicle (if 911 needs to be called). Government of Canada officials may call the student to monitor compliance with the mandatory 14-day quarantine period. All travellers have a duty to report non-compliance for the 14-day Quarantine period. This should be reported through the form on the Government of Saskatchewan website: <https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/public-health-measures/public-health-orders/non-compliance-reporting-form>.

Students should complete a daily COVID-19 self-assessment through the ArriveCAN app or the Government of SK self-assessment tool available at: <https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/covid-19-self-assessment>. Students should monitor their physical and mental well-being. If students are not feeling well, visit <https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/covid-19-self-assessment> to determine if the student is displaying COVID19 symptoms. If the individual has COVID19 symptoms (i.e. fever, cough, shortness of breath, sore throat), have him or her contact the provincial HealthLine at 811 for guidance. As well, they are to contact the International Studies Director of CIP immediately. Students should keep in regular contact with friends and family via virtual methods and/or telephone. The International Studies Director of Chinook International Program will check in regularly with all students. Meet ups and integration into school life, host family and Canada will be organized by CIP student and host family director by virtual platforms.

Throughout their stay, students are to keep their room well ventilated and cleaned daily. Upon arrival to their room a list of daily cleaning measures, cleaning practices and supplies will be provided. As well, students should minimize contact with surfaces in shared spaces making sure to disinfect as needed. At all times, the student should practice good hygiene following good hand washing techniques: wash hands frequently with plain soap and water for at least 20 seconds. Avoid coughing into hands or the air; instead, students should cover their mouths and nose with their elbow when coughing or sneezing and/or use a tissue. Dispose of tissues right away into a trash bin and immediately practice good hand washing.

**Cleaning and Disinfection guidelines:** <https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/re-open-saskatchewan-plan/guidelines/environmental-cleaning-and-disinfection-guidelines>

### **International Student Post-Quarantine Plan:**

After the 14-day quarantine, students are encouraged to continue to use the ArriveCAN app to track their symptoms. Students must comply and follow all public health guidelines outlined both federally and provincially. Students will begin regular study at Hazlet School Chinook International Program through Chinook School Division provides mental and physical support for all international students throughout their time at the school. Chinook International Program has two designated staff members dedicated to supporting international students. These staff members are available to provide support to the international students and for homestay families. In addition to staff dedicated to the International Student Program, international students have access to all services provided to Chinook School Division students. Chinook International Program, as an associate school with Chinook School division, can access support for students with physical and sensory disabilities, learning disabilities, as well as physical or mental health conditions. CIP has a no bullying/harassment policy and takes any act of racism stereotyping or marginalizing seriously. Students experiencing or witnessing any form of racism/stereotyping are encouraged to report the behaviour in person or anonymously to the school principal, their cohort teachers or administration. Chinook International Program provides students with academic and personal support and refers students to community resources as appropriate.

### **Homestay Post-Quarantine Plan:**

Homestay families of the Chinook International Program always provide a warm welcome for International students. Families will be encouraged to connect virtually with their International student during 14 day quarantine period. Upon arrival after the quarantine period, they will integrate their international students into their lives as much as possible. They will continue to ensure the students' mental health and physical well being. They will engage in on-going communication with the International Studies Director of Chinook International Program and will continue to monitor their household for COVID19 symptoms following all Saskatchewan Health Authority recommendations and orders.

### **Covid 19: Outbreak Communication Plan**

1. Public Health will notify the school division of a case. The school administrator will be informed. If the school is notified by a parent or staff member of a positive case, the school will contact their superintendent, the deputy director or director of education.
2. The process of contact tracing is the next step. Public Health will send three letters, one for the student in the class, one for staff and one for parents in the school.



3. Student and Homestay director is notified and contacts any student, host family and ensures natural parents are informed if necessary.
4. SHA determines who is considered a close contact and phones each of them directly. If it is believed that you are a close contact you will be mandated to isolate for 14 days with recommendations to be tested.
5. The school division team and SHA are working together to keep students and staff safe and will determine what is the best decision for student and staff safety.
6. Revised letters will be sent to the school administration for use on school letterheads and distributed to staff, parents of the specific class and all parents/guardians.
7. Senior admin and the Board of Education are updated.
8. A media statement is developed.
9. A deep clean and disinfection process is completed in the necessary areas of the school

#### **Resources:**

**Chinook School Division:** <https://www.chinooksd.ca/Pages/default.aspx#/=/www.saskatchewan.ca> - **Saskatchewan Healthy Authority is now testing asymptomatic people for COVID-19.** If you are interested in getting tested, refer to <https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus>.

**HealthLine 811** – Up-to-date support for health questions regarding COVID19 as well as Mental health services are available, providing 24/7 crisis support and advice.

Kids Help Phone: <https://kidshelpphone.ca/get-involved/our-impact/in-the-community/saskatchewan>

**Provincial Resources for Covid 19 Self-Isolation Guidelines:**

<https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/self-isolation>

**University of Regina - Residency** - <https://www.uregina.ca/housing/>